



NEW LIFE BIBLE-PRESBYTERIAN CHURCH

44 Salusbury Road, London NW6 6NN

Charity No. 1060655

Tel: 020 7328 0869 (Manse)

Email: newlifeplondon@yahoo.co.uk

Website: www.newlifebpc.org.uk

Resident Minister: Rev Timothy Ki

Email: pastor@newlifebpc.org.uk

“For the Word of God and for the testimony of Jesus Christ” (Rev 1:9)

Vol. 14 No. 11

LORD’S DAY 14 MARCH 2010

ORDER OF WORSHIP

	<i>Morning Service – 11am</i>	<i>Evening Service – 4pm</i>
<i>Prelude</i>	<i>The Lord Is in His Holy Temple</i>	
<i>Call to Worship</i>	Psalm 95:1-3	Psalm 100
<i>Opening Hymn *</i>	RHC 1 – “O Worship the King”	RHC 18 – “Come, Thou Almighty King”
<i>Opening Prayer *</i>	Joey Seow	Joey Seow
<i>Gloria Patri *</i>	<i>Glory Be to the Father</i>	
<i>Responsive Reading</i>	Psalm 11	Genesis 49:22-26
<i>Second Hymn *</i>	Psalm 11 (to the tune of RHC 173)	RHC 21 – “O God, Our Help in Ages Past”
<i>Announcements & Memory Verse</i>	Joey Seow	Joey Seow
<i>Tithes & Offerings & Doxology *</i>	RHC 137 – “Thanks to God”	---
<i>Scriptural Reading</i>	Matthew 5:3-16	Hebrews 11:22
<i>Pastoral Prayer</i>	Rev Timothy Ki	Rev Timothy Ki
<i>Sermon Message</i>	<i>The Light of the World</i>	<i>Joseph’s Faith</i>
<i>Lord’s Supper</i>	Rev Timothy Ki	---
<i>Closing Hymn *</i>	RHC 187 – “It Is A Thing Most Wonderful”	RHC 323 – “Trust and Obey”
<i>Benediction / 3-Fold Amen *</i>	Rev Timothy Ki	Rev Timothy Ki
<i>Postlude</i>	<i>The Lord Bless You</i>	<i>RHC 80 (stanzas 1 & 5)</i>

* Congregation Stands

THE LORD IS IN HIS HOLY TEMPLE

The Lord is in His holy temple,
The Lord is in His holy temple:
Let all the earth keep silence,
Let all the earth keep silence before Him -
Keep silence, keep silence before Him. Amen.

DOXOLOGY

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heav’nly host;
Praise Father, Son, and Holy Ghost. Amen.

GLORIA PATRI

Glory be to the Father and to the Son and to the Holy Ghost,
As it was in the beginning, is now and ever shall be,
world without end. Amen, Amen.

THE LORD BLESS YOU

The Lord bless you and keep you;
The Lord lift His countenance upon you,
and give you peace, and give you peace;
The Lord make His face to shine upon you,
And be gracious unto you, be gracious,
The Lord be gracious, gracious unto you. Amen.

Church Theme 2010 – “Believers Built in Christ”

WORSHIP PART 10

I have seen churches and Christians using music in their worship without careful studying. There is virtually no difference between secular music and contemporary Christian music these days. Some of them argue that the style of music really is not important as long as the words are biblical. In fact, lots of churches and organizations have used all kinds of music with the excuse that they want to bring young people to Christ or churches. The words “praise” and “worship” have especially confused the minds of church goers or comers. However, I must emphatically say that it is extremely important for us to use sacred and godly music for worship by all means. We have seen new developments in psychology for at least the last two decades in music psychology. Many universities offer masters and doctoral programs in their psychology departments. The applicants to these programs are supposed to have psychology, music, and communication related undergrad backgrounds. We must notice that music and psychology are related in this major. Often their professors are experts in psychoacoustics and neurophysiology, which also indicates that music affects the mind and body. Of course, for Christians, I may include spiritual aspects, too. We need to listen to Patrick N. Juslin, who wrote the article, “Seven Ways in which the Brain Can Evoke Emotions from Sounds,” *Sound, Mind and Emotion*, which is a publication from The Sound Environment Centre at Lund University (report no. 8), which contain texts from a series of interdisciplinary symposiums arranged in 2008. He said, “Sound moves us. It may cause great pleasure as well as great pain. Nowhere is this more apparent than in the world of music – often referred to as ‘that one of the fine arts which is concerned with the combination of sounds with a view to beauty of form and the expression of emotion’ (Oxford English Dictionary, 3rd ed.). Emotional reactions to music have fascinated people since Ancient Greece (Budd, 1985), though it is only recently that researchers have made progress in understanding how such reactions come about (Juslin & Västfjäll, 2008). It turns out that our reactions to music tell us a story about who we are – both as *individuals* (e.g., in terms of our memories, preferences, and personalities) and as a *species* (e.g., in terms of our innate human disposition to use sounds as sources of information in our inferences about future events, potential danger and affective states of other individuals). Although music arouses positive emotions more frequently than negative emotions (Juslin et al., 2008), music does arouse *some* negative emotions such as sadness and irritation quite frequently. If we consider sounds more generally, it is even more common that sounds are a cause of negative emotions and stress (Västfjäll, in press).” It is noteworthy that sounds in general are a cause of negative emotions and stress. Does music matter? Why not?

Music affects us in many ways. Patrik Juslin continues to say, “A review of the literature reveals that a number of different brain regions have been implicated in studies of emotional reactions to music, including the thalamus, cerebellum, hippocampus, amygdala, prefrontal cortex, orbitofrontal cortex, midbrain, insula, Broca’s area, nucleus accumbens, visual cortex, and supplementary motor areas. . . .” Thus, if someone considers music to be neutral, he is too naïve. A lady who experimented on plants by using different music published the results in a small booklet under the title of *The Sound of Music and Plants* in 1973. It was not a scientific book, but one interesting result was that her plants responded to different types of music differently. I found an interesting article about David Merrell’s experiment with mice using different styles of music. His stories are cited in many places, and I tried to trace down the real source. The nearest source I could find was a report in the Schiller Institute website. The website had a page under the heading of “Symposium, Feb. 7, 1998, Washington, DC, Committee for Excellence in Education Through Music.” A symposium, “Towards a New Renaissance Through Classical Education,” was sponsored by the Committee for Excellence in Education Through Music and the Schiller Institute.

There was a presentation by David Merrell on the effects of rock music versus Classical music on laboratory mice. David Merrell carried out the experiment over two years, and his hypothesis was that music will have an effect on the learning abilities of white male mice: Classical music will have a positive effect, whereas rock music will have a negative effect. He divided white male mice into three groups: (1) hard rock group, (2) classical music group, and (3) control group with no music. They were run through a fixed maze over four weeks. This is what he said: "But the interesting thing about the first year I did this project . . . is that I actually had to cut it short, because the heavy metal music had made these mice, who can't understand words, just the sounds alone had made them so violent, that, within three weeks, there was only one mouse left in the rock group. It was rather interesting, because the mice, they just--they seemed to be so discontent, one with another, and they would separate themselves from the other mice. And then, they'd just turn around, and kill one of the other mice. Whereas, the Classical mice and the Control mice, they were perfectly fine with one another. They didn't have any problems whatsoever. It was interesting." He found some flaws from his first experiment, so he did it again with 72 test subjects (mice) in the second year. "He put the mice into separate five-gallon aquariums, thus eliminating the possibility of subject destruction. He gave each mouse the same amount of food, light, and water: They received 12 hours of light; and the music was kept at ten hours a day, at 70 decibels He then divided the 72 mice into three different groups. The Control group listened to no music, thus simulating the normal environment of a growing mouse. . . . The Classical group listened to Mozart . . . [because] it seemed like Mozart was used the most in other studies done with music. He continued the use of the Anthrax CD for the third study group." I am not going to quote the whole report, but the conclusion should be known. "Aside from the facts which I have been able to show you today, I can say, from my own view and my own opinion, from observing the mice, that it [music] seemed not only to affect their ability to learn, but their ability to cope, one with another.' . . . the Classical and the Control [groups] They were fine with one another. However, when I put the Hard Rock mice in there, within an hour, they had just begun fighting so severely, that I had to separate all the mice. . . . So I gave them about a week, just to calm down and settle down. I actually played a little Classical music to them, to see if it would reverse the effects.' Even a week later . . . the Hard Rock group was still fighting [David said,] It's too bad that it's not a subject that is widely publicized, as widely as it should be, because I found multiple areas of research, which are extremely significant, whether it's how great the effects of Classical music are on pre-schoolers learning their ABCs, or whether it's just the bad morals in the hard rock music. Something very interesting is that these mice could not understand the lyrics, but the music alone was bad enough, much less the lyrics, which the people are subjected to, but the mice weren't. And, that's something that I think is pretty significant as well." If you want to read the whole report, you may visit the following website:

http://www.schillerinstitute.org/programs/program_symp_2_7_98_tchor.html.

What I want to tell you about praise in terms of music or styles of music is that music really matters to our worship. Music affects our mind and even behaviours. If you are interested in this, once in a while you may want to read some articles from journals such as *Psychology of Music*. It is not a Christian journal, but it offers some practical observations about the influence of music on our minds and behaviours. Does our church music matter to us? Yes, it does. I'll continue to write on worship next week.

Lovingly,

Your Pastor

WELCOME TO NEW LIFE B-P CHURCH LONDON

Our worship services begin promptly at **11.00 am** and **4.00 pm**.

Please stay back for Bible Study and fellowship lunch after the morning worship and for tea after the evening service. Do invite your friends to come to Church.

APPOINTMENTS FOR THE WEEK			WELCOME		
Fri 19 March	7:30pm	Young Adults Fellowship: Bible Study on Philippians	We extend a warm welcome to all worshippers this Lord's Day. We like to welcome Jin Hwa Song and Dennis to our worship services last Lord's Day.		
Sat 20 March	4:00pm	Prayer Meeting & Bible Study: Shorter Catechism (led by Rev Ki)			
<i>Next Lord's Day</i>	<i>Morning Service</i>	<i>Evening Service</i>	LORD'S DAY DUTIES		
<i>Preacher</i>	Rev Timothy Ki	Rev Timothy Ki	<u>Today: 14/03/2010</u>		
<i>Message</i>	Jesus and the Whole Counsel of God	Parents' Faith	<i>Chairman:</i> Joey Seow		
<i>Text</i>	Matthew 5:17-19	Hebrews 11:23	<i>Organist:</i> Anthony		
NEWS/ANNOUNCEMENTS			<i>Pianist:</i> Grace		
<ul style="list-style-type: none"> • Church Easter Camp (2nd to 5th April): Registration forms are now available. Please sign-up by 28th March. • Saturday Prayer Meeting & Bible Study: Come and join us every Saturday to pray and to study God's Word. • Sunday Bible Study: This week, Pastor Ki will be leading a new series of studies based on "<i>The Doctrine of Church.</i>" • Sunday School: New teachers are required. If you are interested in serving in this area, please inform to Pastor Ki. • Pray for those who are sick: Douglas (knee pain), Barbara (Alzheimer's), Prema (thyroid & skin condition), Eld Jack Ford (old age and knees), Margaret (asthma), Eld Chew (recovery from shoulder injury), Brian (migrane), Zachary (stye) • Pray for those who are/will be travelling: Nicolas (Belgium), Eka & Family (Nigeria), Eld Chew & May Chew (Perth), Anthony & Helen (Austria), Caleb (Scandinavia/France) • Pray for those seeking employment/new opportunities: Yetta • The church would to wish all mothers a "Happy Mothers Day." 			<i>Ushers:</i> John / Yetta		
			<i>Sunday School:</i> -		
			<i>Lunch:</i> Mrs Ki		
			<i>Washing Up:</i> Volunteers		
			<i>PA Crew:</i> Joshua		
			<u>Next Week: 21/03/2010</u>		
			<i>Chairman:</i> Jonathan Kim		
<i>Organist:</i> Grace					
<i>Pianist:</i> Joy					
<i>Ushers:</i> Daniel / Constance					
<i>Sunday School:</i> -					
<i>Lunch:</i> TBC					
<i>Washing Up:</i> Volunteers					
<i>PA Crew:</i> John					
Worship Service Collections - Last Sunday: £1037.36, Lunch: £48.00, Chile Fund: £120.00			MEMORY VERSE		
Attendance - Morning: 31 (A) 2 (C), Evening: 21 (A) 2 (C) Prayer Meeting (13/03): 14 (A)			Last Week		
SHORTER CATECHISM QUESTION 11			<i>"And not only so, but we also joy in God through our Lord Jesus Christ, by whom we have now received the atonement."</i>		
<p>Q: What are God's works of providence? <i>A: God's work of providence are, his most holy, wise, and powerful preserving and governing all his creatures and all their actions.</i></p> <p><u>Comments:</u> The power of God is quite as necessary to maintain the world as to make it. We cannot live of ourselves. It is <i>in God</i> that all things live, and move, and have their being. And so this answer informs us that God not only created everything, but that he cares for his own glory.</p> <p><u>Proofs:</u> Matthew 6:26, Proverbs 16:9, Psalm 103:19</p>			Romans 5:11		
			This Week		
			<i>"For unto you it is given in the behalf of Christ, not only to believe on him, but also to suffer for his sake;"</i>		
			Philippians 1:29		
			Next Week		
<i>"Being confident of this very thing, that he which hath begun a good work in you will perform it until the day of Jesus Christ."</i>					
Philippians 1:6					